## 2023 Chattahoochee Cross Country Schedule

<u>Date</u>	<u>Event</u>	<u>Location</u>	<u>Bus Depart</u>	<u>Start Time</u>
August 7	1 <sup>st</sup> day of Mandatory tryouts (Mon-Fri)	CHS Track		3:50 PM
August 13	Roster posted	XC Website		8:00 PM
August 21-27	Spike Week Fleet Feet	Regal shopping center		1:00-4:00 PM
August 17	Kick off meeting	CHS cafeteria		6:30 PM
August 26	Blue Gold Intrasquad Meet	Webb Bridge park		7:00 AM
September 6	Official Practice	Webb Bridge Park		4:00 PM
September 9	Carrollton Invitational	Carrollton HS	6:00 AM	8:30 AM
September 16	Milton Invitational	Milton HS	7:30AM	9:00 AM
September 23	Wingfoot Classic	Sam Smith Park, Cartersville	6:00 AM	8:20 AM
September 30	Asics Invitational	Chattahoochee Hills Eventing Fairburn	6:15 AM	8:30 AM
October 6 (Fri)	Jefferson Invitational	County Airport	3:00 PM	5:30 PM
October 25	Region Championships (JV and V)	<u>Noonday Park</u> Kennesaw	8:30 AM	11:00 AM
November 3	State Championships	Carrollton High School	6:00 AM	9:00 AM
November 16	Banquet	CHS cafeteria		6:00 PM

Tryouts are for all athletes. It occurs on the Chattahoochee track at 3:50pm each day Mon-Fri 8/7 - 8/11.

Team practices start Mon 8/14 and follow the schedule below:

Monday 3:50pm – 5:50pm Tuesday OFF Wednesday 6:00 AM-6:35am Wednesday 3:50pm – 5:50pm Thursday 3:50pm – 5:50pm Friday 6:00am – 6:50am

All practices are at Chattahoochee High School, except for the official team practices below that are at Webb Bridge Park:

Monday, October 2 @ 3:50pm Monday, October 9 @ 9:00am Wednesday October 11 @ 3:50pm Saturday, October-14 @ 8:00am Monday, October 16 @ 3:50pm Saturday, October 28 @ 8:00am